

# Marlborough Surgery

## Visiting Guidelines

### A GP visit is recommended if the patient is:

- Terminally ill or truly bed-bound, for whom travel to premises by car would cause a deterioration in their medical condition or unacceptable discomfort.

### A GP visit is not necessary for:

- Common symptoms of childhood:
  - Fevers
  - Cough
  - Cold
  - Earache
  - Headache
  - Diarrhoea / Vomiting
  - Most cases of abdominal pain.

These patients are usually well enough to travel by car. It is not necessarily harmful to take a child with a fever outside. These children may not be fit to travel by bus or walk, but car transport is available from friends, relatives or taxi firms. It is not a Doctor's job to arrange such transport.

- Adults with common problems such as a cough, sore throat, influenza, back pain or abdominal pain are also readily transportable by car to a Doctor's premises.
- Common problems in the elderly, such as poor mobility, joint pain and general malaise, would also be best treated by consultation at a Doctor's premises. The exception would be the truly bed-bound patient.